**Sainte-Helene to Blaye…30 km**

**1. Head out on D5…aka Rte de Castelnau…out of town, straight thru intersection with D6….200 metres after overpass with D6, turn L onto Chem de Cordes….go 300 metres and at intersection turn R onto Chem de Cordes…go straight for 4.2 km…**

**2. At intersection with signs ahead, turn R…(Chem des Vins but could be signed Cordes…just turn R)…follow for 6.3 km….**

**3. Cross intersection with D207…we’re going around Castelnau de Medoc…next hamlets are Barbat – Bouqueyran…keep going straight…go through intersection with D1215…take fourth R onto Rte de Brule…follow it through a few twists and minor turns until after 1.5 km it encounters D208…turn L…**

**4. Go 900 m and turn R onto Route de Tiquetorte…then quick L onto Tiquetortew (same name)….go straight for few hundred metres, across D5…take first R after intersection with D5..now on Chemin du Poche…go for 400 or so metres, turn L onto Rte de Matiney….very rural and small road….then go 50 metres and take first R onto Chemin de Francau…go 150 metres and turn L onto D5….go 300 metres, turn R at sign indicating Chateau Billete and Rte de Peyvignau (bike route?)…ignore turns for 1.5 km…then…quick L then R hitch onto Cagnes….go straight into next hamlet and thru tunnel under railway…**

**5. Straight for another km or so, into roundabout in Arcins, at roundabout-intersection, take third turn onto Chemin Terre du Pont….keep on it for 300 metres, taking right bend…. turn L at first street after bend to right onto Rte de Lemarque…there’s a bike sign saying 2.5 km to Lemarque, 4.5 to Blaye…**

**6. Go straight for 950 metres on Rte de Lemarque which changes to Chemin du Moulin Rose without us needing to turn…keep going another 1.1 km…at intersection with couple of houses at left, turn R…there’s a small Chateau Haut-Bellevue building on right side of intersection, looks like warehouse…now on Chem. De Montplaisir…go 150 metres…and fade R onto Chemin des Calinottes….go 700 metres, turn L where a row of a few trees are…road is a bit clunky but only need to go 250 metres and then turn R onto Chemin Saint-Seurin…**

**7. Go 1.8 km on Saint-Seurin…can see Gironde River…go L as road parallels water…maybe 500 metres….take ferry….**

**8. Once off ferry in Blaye, turn R then first L onto Rue Emile Gireau…go to intersection…two roads run parallel right…take 2nd R which is Rue Ernest Regnier…take first L onto Rue Urban Chasseloup…go straight til inytersection with Rue J Rudel….49 Rue J Rudel is right there…HOME.**